

QUESTION EVERYTHING

Home Group Discussion Guide

Question Everything

Ephesians 5:15-17

ICEBREAKER: What goals have you recently set for yourself, and how are you doing on them so far?

OVERVIEW: What if there was a question that would clarify your best option for ninety percent of the decisions you make in life — a question that answers just about everything? It would have the potential to foolproof your relationships, marriage, finances, calendar, pace, and health. It would reduce the complexity of your life. It would save you time, money and tears. You would carry around less regret. And best of all, you wouldn't have to apologize nearly as much.

1. What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling? Explain. (Or what was your key takeaway from Sunday's message?)

2. What are some ways you've seen people allow their emotions and desires lead their decision-making?

3. Read Ephesians 5:15-17. Explain the following phrases in your own words.
 - a. Be very careful, then, how you live:

 - b. Not as unwise:

 - c. But as wise:

Number 3 continued...

- d. Making the most of every opportunity:

 - e. Because the days are evil:

 - f. Do not be foolish, but understand what the Lord's will is:
4. Ephesians 5:16 says "the days are evil." What are some of the cultural currents that make it difficult for people today to make wise choices?

 5. How might your life be different if you made decisions in light of your past experience and current circumstances?

 6. During the sermon, Andy said, "Personal vision is often the catalyst for wise decisions." Think about your future hopes and dreams. What are some opportunities you're in danger of missing if you make unwise choices?

 7. What is one area of your life about which you need to ask, "What's the wise thing for me to do?" How can this group support you in asking that question?

The Last Word: Of every invitation, opportunity, relationship, or decision, ask, "What's the wise thing to do?" If you were going to do the wise thing, what would it be?