



PART 3: Time Over Time

INTRODUCTION

Scripture says God has determined the number of your days. You can make more money and you can make more friends, but you can't make more time. You can count your money and your friends, but you can't count your time. In light of that truth, knowing what to do with your time matters. It's vital that you use your time wisely.

DISCUSSION QUESTIONS

1. Talk about one example from your life where you've seen small investments of time over time pay off.
2. Do you think there is such a thing as a "harmless distraction"? Why or why not?
3. Read Ephesians 5:15-17. What are some ways that culture lures people towards neglecting the incremental deposits in the things that matter most in life?
4. Is there a person in your life you wish had given more time to your relationship? If so, how do you think their life or your life might be different if you'd intentionally spent more time together?
5. What is one thing in your life you need to say no to for now? What obstacles stand in the way of you saying no? What can you do to begin to remove those obstacles?
6. Where do you need to begin making consistent deposits of time? What is one thing you can do this week to begin making those deposits? What can this group do to support you?

MOVING FORWARD

Look ahead to your desired future. In light of your past experience, current circumstances, and future hopes and dreams, where do you need to begin making consistent deposits of time? Reallocating your time can set you up for healthy relationships with the most important people in your life, and create a future without regret.

CHANGING YOUR MIND

*A person's days are determined;
you have decreed the number of his months
and have set limits he cannot exceed.*

Job 14:5