

1 timothy

Home Group Discussion Guide

Train Yourself to be Godly

1 Timothy 4:6-9

ICEBREAKER: What's the best advice you've ever been given?

OVERVIEW: Christians in our generation are looking more and more like the world in both their beliefs and behaviors. And this is causing all sorts of problems. What is needed is a return to godliness. In 1 Timothy 4:6-9, we learn the details about godliness. Let's go deeper and discuss what we need to do to grow in godliness so that we can be the salt and light that God has called us to be.

1. Read 1 Timothy 4:6-9. What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling? Explain. (Or what was your key takeaway from Sunday's message?)
2. In the sermon, it was stated that "Christians are increasingly looking more and more like the world, both in their beliefs, and in their behaviors." Do you agree? Explain. If you agree, why do you think this is the case?
3. Read Matthew 5:13-16. How does it impact society when Christians are just as sinful as non-believers?
4. The first detail about godliness that we must understand is that godliness is not optional. If we can't lose our salvation, and if we are saved by faith and not good works, then isn't godliness optional? Explain.
5. The second detail about godliness is that it requires training. How is spiritual training similar to fitness or athletic training?
6. Just like fitness training, godliness requires intentionality. You must make it your ambition to become godly, because it won't happen by accident. Would you say that you have consciously chosen to grow in godliness, becoming fully devoted to God and living a life that is fully pleasing to Him? Explain.
7. Growing in godliness requires planning. What is your spiritual fitness plan? Do you need to tweak it in any way? If you don't have one, take time to write one down and share it with the group.
8. Growing in godliness requires effort. What makes growing in godliness and living a godly life so difficult?
9. What is the biggest obstacle interfering with your growth in godliness, and what do you need to do to overcome it?
10. The third detail about godliness is that it has benefits in this life and in the life to come. Look up the following passages and write down the benefits of godliness: Psalm 5:12; 31:23; 34:9; Proverbs 11:23; 12:3; 12:9.
11. How has godliness benefited you personally?
12. What's the most important thing you need to do to grow in godliness?

The Last Word: Godliness is devotion to God which results in a life that is pleasing to Him. Train yourself to be godly, because it has benefits in this life and in the life to come.