

DISCUSSION GUIDE

How to Glorify God in Your Suffering
The Gospel of Mark — Week 69

ICEBREAKER: What worries you?

OVERVIEW: God calls us to glorify Him in all that we do. But what about in our suffering? Are we supposed to glorify God when we are injured, sick, in pain, having marriage problems, money problems, and other difficulties? Absolutely. The Bible says in 1 Corinthians 10:31 that you must glorify God in “whatever you do,” and that includes suffering. In this discussion we will go deeper with the sermon so that we are better prepared to glorify God the next time we go through hard times.

1. **Read Mark 14:32-42.** What insight, principle, or observation from this weekend’s message did you find to be the most helpful, eye-opening, or troubling? Explain. (Or what was your key takeaway from Sunday’s message?)
2. **Read Acts 5:40-42.** Peter and the apostles were in jail for serving Christ. What can learn from their response to suffering?
3. **Read 2 Corinthians 12:7-10.** What can we learn from Paul’s response to suffering?
4. Do you believe that focusing on glorifying God in your suffering will also help you to find joy and peace in your suffering? Explain.

5. Why do people sometimes get angry with God in their suffering, and why is this dangerous to the Christian life?
6. The sermon mentioned four things to avoid when suffering: Getting angry with God; doubting God; being rude to people; or turning to sin for relief. Have you ever responded to suffering in one of these ways? How do these responses hinder you from glorifying God?
7. In Mark 14 we learn that it is okay to feel sadness and fear in times of suffering. These feelings are not wrong, but the way we express them can be wrong. What are some godly ways to express sadness and fear? What are some ungodly ways to express sadness and fear?
8. Why is it important to seek help from church family in times of trouble?
9. Describe how you would ideally like to respond to suffering. What do you need to do to develop into this type of person?

The Last Word: It’s okay to feel sad when you are suffering, but it is not okay to act constantly unhappy. The Bible says that we should act joyfully.