

DISCUSSION GUIDE

ICEBREAKER: What do you think about more than anything else?

OVERVIEW: This week we're studying the vice of dishonesty and the virtue of truth-telling. God never lies, and He calls us to reflect His moral character by putting away all falsehood and instead speaking the truth to one another. But this is easier said than done. Most people struggle with dishonesty. In this discussion we will go deeper with how to grow as people of truth.

1. **Read Exodus 20:16.** What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling? Explain. (Or what was your key takeaway from Sunday's message?)
2. Have you ever gotten in trouble by lying? Explain. Have you ever gotten in trouble by telling the truth? Explain.
3. One study found that 91 percent of Americans lie on a regular basis; the majority of Americans find it hard to get through the week without lying; and 20% can't make it through a single day without lying. The study is referring to conscious, premeditated lying, not mistakes. Why do you think it is so hard for people to avoid lying?
4. Do you struggle with lying? Explain.

5. What are some common ways that people lie today? Which form of dishonesty is the most tempting to you?
6. Why was lying so dangerous in ancient Israel?
7. Why should Christians avoid lying?
8. What is the positive application of the ninth commandment?
9. What is the cure for lying?
10. What can you do to grow as a person of honesty?

The Last Word: We are to speak the truth, the whole truth, and nothing but the truth.