

DISCUSSION GUIDE

FACING SICKNESS WITH STRENGTH
The Gospel of John — Week 37

ICEBREAKER: When was the last time you helped someone in need? Describe it.

OVERVIEW: Sickness is something we all have to deal with. Whether it is the coronavirus, cancer, a debilitating injury, or a chronic disease, sickness will pay you a visit. Not only will you have to deal with your own sicknesses, but you will have to watch your loved ones battle sickness. Sickness can be difficult to bear. Aside from the physical discomfort, sickness can lead to unemployment, financial hardship, relationship problems, depression, and even death. God's word does not leave us without help. In the Bible we find the answers we need to face sickness with strength. In this discussion we will go deeper with how Christians should view sickness.

1. Read John 9:1-12. What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling? Explain. (Or what was your key takeaway from Sunday's message?)
2. Why do people get sick?
3. Does sickness mean the following? Explain.
 - You are being punished?
 - You are going in the wrong direction?
 - God does not care about you?
 - God does not exist?

4. Read Luke 13:1-5. What does this passage say about the reason for suffering in general, and how can we apply it to sickness?
5. What are some ways that God can glorify Himself through sickness?
6. How has sickness/injury/health problems challenged you?
7. How has God used sickness to grow you?
8. Does God promise to heal all sickness? Explain.
9. How should Christians respond to sickness?

The Last Word: There's no secret to the basics of good health: Keep your weight down; get plenty of exercise; get plenty of sleep; eat healthy; stay away from drugs; and don't smoke.