

# DISCUSSION GUIDE

*Time Management for Busy Parents*  
Stand-Alone Sermon

**ICEBREAKER:** What's the greatest spiritual advice you have ever received?

**OVERVIEW:** Nobody is busier, and nobody needs time-management training more than parents. Nothing is more important than raising the next generation, and with only 18 years before they grow up and move out, nothing is more urgent. But with so much to do in so little time, many parents find themselves frustrated, worn-out, guilty, and confused about their use of time. But it doesn't have to be that way. God knows how precious time is, and He has given us plenty of wisdom in Scripture to help us effectively manage our time. In this discussion we will go deeper with how to glorify God with our time.

1. What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling? Explain. (Or what was your key takeaway from Sunday's message?)
2. When did you first realize that you needed to get more organized with your time in order to keep up with all of your responsibilities?
3. How do you keep yourself organized to get everything done?
4. Read 1 Corinthians 6:19-20. What does this verse teach about you? What does it mean that you are not your own?

5. If you are not your own, then that means your time belongs to God. How should this affect the way you think about time-management? How do you think God wants you to use your time?
6. Read 1 Corinthians 10:31. What does it mean to glorify God? What does it mean to glorify God with your time? How can you better glorify God with your time?
7. Read Psalm 90:10. What does this verse say about time? How should this verse impact the way that you manage your time?
8. A priority is that which is most important; that which comes first. God has four time priorities for every Christian: Spiritual; Spouse; Seed; Self. Choose the one that you are struggling with the most, and list some ways that you can rearrange your schedule to keep first things first.
9. What daily/weekly activities do you need to adopt in order to better schedule your life around your priorities?
10. How does simplifying your schedule, or doing less, actually help you to accomplish more? What do you need to do less of, or stop doing altogether, in order to align your life with God's priorities?
11. Read Ephesians 5:15-16. What does it mean that the days are evil? How can you manage your time more wisely?

**The Last Word:** How do you get your time under control? Set your priorities according to God's word. Schedule everything else around your priorities. And simplify your schedule to make room for your priorities.