

DISCUSSION GUIDE

HOW TO GET THE MOST OUT OF LIFE

Romans 12:2

Be Transformed—Week 2

ICEBREAKER: What's something you've won and how did you win it?

OVERVIEW: Whether we live to be 75 or 100 years old, life is short. And we all want to make the most our time on earth. We want to live the best life that we can. We don't want to get to the end of our lives filled with regret, feeling like we have wasted our lives. So how do you get the most out of life? How can you make sure that you live your best life? Romans 12:2 gives us the answer. In this study we will go deeper with Sunday's sermon and apply it to our lives.

1. What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling? Explain. (Or what was your key takeaway from Sunday's message?)
2. Read Romans 12:2. This verse gives us a negative command, a positive command, and a promise. What are they?
3. This verse speaks about God's will. What are three different ways the Bible speaks of God's will, and which aspect of God's will is Romans 12:2 referring to?
4. What does it mean that God's will is good, pleasing, and perfect?
5. Romans 12:2 gives us two keys to live according to God's will. The first is to not be conformed to this age. What does it mean by "this age"?

6. "This age" can also be called the world. Read 1 John 2:15-16 and jot down the three desires or motivations that drive the people of this world. What's wrong with a Christian chasing after these things?
7. How can we avoid being conformed to this age? Are you too worldly?
8. The second key to living according to God's will is to be transformed. What does God want us to transform into?
9. The way we let God transform us is "by the renewing of our mind." We must learn to think like God; to see life the way He sees it. How do we learn to think like God? What do you personally need to do to continue the process of renewing your mind?
10. After listening to this sermon, what advice would you give to someone about how to get the most out of life?

The Last Word: The one who follows God's will the most gets the most out of life.

