

# DISCUSSION GUIDE

THE TRUTH ABOUT YOU  
Romans 1:1-7

**ICEBREAKER:** How far in advance do you prefer to plan? Why?

**OVERVIEW:** Who are you? Your identity is determined and defined by your relationship to God. If there is no God, then you have no objective value, purpose, or moral responsibility. If there is a God who created you and loves you, then that changes everything. In this discussion we will go deeper with the truth about you.

1. What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling? Explain. (Or what was your key takeaway from Sunday's message?)
2. Why is it important to know who you are?
3. What defines and determines who you are?
4. If there is no God and nature is all there is, then who are you?
5. Read Ephesians 1:3-14 and answer the following questions.
  - a) What does this passage say about you?
  - b) What does this passage say about your value/worth?
  - c) What does this passage say about your purpose?

6. Read Romans 1:1-7 and answer the following questions. Who wrote Romans, and to whom was it written?
7. What does this passage say about 1) Paul, 2) the gospel, 3) Jesus?
8. What does this passage say about you?
9. In verse 1, Paul calls himself a slave of Christ. Scripture says that all Christians are God's slaves (1 Pt 2:16). What does it mean to be a slave of Christ?
10. In verse 7 Paul says that you are loved by God. What does it mean that God loves you? How does it affect your life to know that God loves you?
11. Verse 7 says that you are a saint. What does it mean that you are a saint? How does it affect your life to know that you are a saint?

**The Last Word:** You aren't what's been done to you but what Jesus has done for you. You aren't what you do but what Jesus has done. What you do doesn't determine who you are. Rather, who you are in Christ determines what you do.

