

DISCUSSION GUIDE

BLESSED ARE THE PURE IN HEART

Matthew 5:8

The Beatitudes — Week 6

ICEBREAKER: Is the book better than the movie?

OVERVIEW: Many people resist God’s rule in their lives because they assume He will prevent them from being happy. In fact, the opposite is true. God loves you and knows what is best for you. His will is best. You will find your best life by surrendering completely to God. This is what Jesus taught in the Beatitudes: Happiness is not found in pleasure, possessions, or position, but in a right relationship with God. In this discussion we will go deeper with the sixth Beatitude — Blessed are the pure in heart.

1. What insight, principle, or observation from this weekend’s message did you find to be the most helpful, eye-opening, or troubling? Explain. (Or what was your key takeaway from Sunday’s message?)
2. In this discussion we are talking about purifying ourselves from sin. What is the most common sin in our society among people your age?
3. What is the most destructive sin in America today (i.e., what sin is doing the most damage to our society)?
4. What is the difference between being pure and being pure in heart?
5. Read Psalm 51:10 and answer the following questions.
 - a. What is the story behind this Psalm?
 - b. What did David mean by “a clean heart”? What did he mean by “a steadfast spirit”?

c. What can we learn about cultivating a pure heart from Psalm 51:10?

6. Read Matthew 5:8 and refer to the sermon for the following questions. The sermon covered six ways to cultivate heart-purity: in your thoughts, desires, attitude, emotions, motives, and in private. Why is heart-purity important?
7. What does it mean to be pure in your thoughts? How can a person grow in this area?
8. What does it mean to be pure in your motives? How can a person grow in this area?
9. What does it mean to be pure in private? How can a person grow in this area?
10. In what ways do you most need to grow in heart-purity?

The Last Word: “The leaning of the heart is the way in which the life will lean.” Charles Spurgeon

