

# DISCUSSION GUIDE

## *Understanding the Lord's Supper* The Gospel of Mark — Week 67

**ICEBREAKER:** How would you prefer to die— quickly without warning or slowly over time?

**OVERVIEW:** Our church observes the Lord's Supper every month. But what does it mean, and why do we observe it? Is it necessary for salvation? Is it just a pointless tradition? In this discussion we will go deeper with the meaning of the Lord's Supper and learn how we can get the most benefit from it.

1. **Read Mark 14:22-26.** What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling? Explain. (Or what was your key takeaway from Sunday's message?)
  
2. Read John 6:53-58.
  - a. Is Jesus speaking about the Lord's Supper? Explain.
  
  - b. Is this passage proof of the doctrine of transubstantiation?
  
  - c. What is the meaning of this passage?
  
3. What is the meaning of the word "ordinance?" What does the Lord's Supper symbolize?

4. What are the four main views of the Lord's Supper mentioned in the sermon?
  
5. How do we know that the observance of the Lord's Supper is not salvific (it is not necessary for salvation)?
  
6. How do we know that the bread and wine/juice do not actually become the body and blood of Christ?
  
7. If the Lord's Supper is just a memorial and a symbol, then why is it important?
  
8. How has the observance of the Lord's Supper been beneficial to your relationship with God?
  
9. What do you need to do to benefit more from the Lord's Supper?

**The Last Word:** "The Lord's Supper is a regularly observed memorial of the death of Christ for our sins."  
Home Discipleship Catechism